PRESSURE

High register

① Breathing (abdominal)

(Head
② Vocalization (Vocal cords) Voice)
                   (folds

③ Resonance (spaces in body)

Range (Register)   Middle (middle
                       register voice) MIX

① Neng /Ney

② Mum   lower register
                       (Chest voice)
③ Me → u

Diaphragm