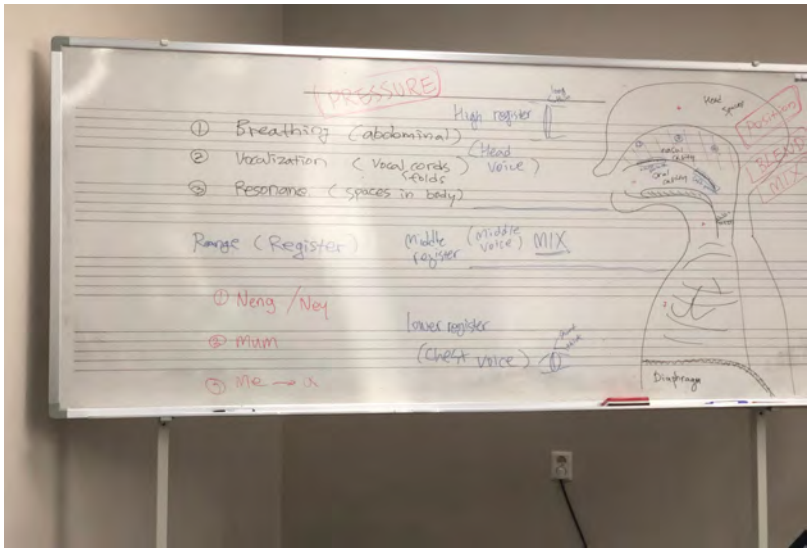
PRESSURE
① Breathing (abdominal)
② Vocalization (Vocal cords / folds)
③ Resonance (spaces in body)
High register
(Head voice)
Range (Register)
Middle register (Middle voice) MIX
① Neng / Ney
② Mum
③ Me → U
lower register
(Chest voice)
Vocal space
Position
Diaphragm